



NATIONAL  
SAFETY APPAREL®

# THERMAL & HIGH HEAT SIZING GUIDES

P R O U D L Y M A N U F A C T U R I N G I N T H E U S A S I N C E 1 9 3 5

**THERMAL & HIGH HEAT SIZING GUIDES**

<b>CARBON ARMOUR™ Base Layer Tees (BST)</b>			
Size	Chest	Center Back Length	Sleeve Length (LS only)
<b>SM</b>	32" - 35"	30"	19.5"
<b>MD</b>	36" - 39"	30.5"	20"
<b>LG</b>	40" - 43"	31"	20.5"
<b>XL</b>	44" - 47"	31.5"	21"
<b>2X</b>	48" - 51"	32"	21.5"
<b>3X</b>	52" - 55"	32.5"	22"

<b>Wool Jacket (C09)</b>		
Size	Chest	Sleeve Length
<b>SM</b>	27" - 31"	34"
<b>MD</b>	31" - 35"	34.5"
<b>LG</b>	35" - 39"	35"
<b>XL</b>	39" - 43"	35.5"
<b>2X</b>	45" - 46"	36"
<b>3X</b>	46" - 50"	36.5"

<b>CARBON ARMOUR™ H2 &amp; H3 Jacket (C07)</b>		
Size	Chest	Sleeve Length
<b>SM</b>	32" - 36"	33.5"
<b>MD</b>	36" - 40"	34"
<b>LG</b>	40" - 44"	34.5"
<b>XL</b>	44" - 48"	35"
<b>2X</b>	48" - 52"	35.5"
<b>3X</b>	52" - 56"	36"
<b>4X</b>	56" - 60"	36.5"
<b>5X</b>	60" - 64"	36.5"

<b>Aluminized Coat (C17/C22)</b>			
Size	Chest	Waist	Sleeve Length
<b>SM</b>	35" - 36"	31" - 33"	32.5"
<b>MD</b>	37" - 38"	34" - 36"	33"
<b>LG</b>	39" - 42"	37" - 39"	33.5"
<b>XL</b>	43" - 46"	40" - 42"	34"
<b>2X</b>	47" - 49"	43" - 46"	34.5"
<b>3X</b>	50" - 52"	47" - 50"	35"
<b>4X</b>	53" - 55"	51" - 54"	35.5"
<b>5X</b>	56" - 58"	55" - 58"	36"

<b>CARBON ARMOUR™ NXJ Jacket (NXJ)</b>			
Size	Chest	Waist	Sleeve Length
<b>SM</b>	32" - 35"	30" - 33"	35"
<b>MD</b>	36" - 39"	34" - 37"	36"
<b>LG</b>	40" - 43"	38" - 41"	36.5"
<b>XL</b>	44" - 48"	42" - 46"	37"
<b>2X</b>	49" - 53"	47" - 51"	37.5"
<b>3X</b>	54" - 58"	52" - 56"	38"

<b>Legging (L05)</b>	
Size	Calf
<b>RG</b>	11" - 14"
<b>LG</b>	14" - 16"
<b>XL</b>	16" - 18"
<b>2X</b>	18" - 20"
<b>3X</b>	20" - 22"
<b>4X</b>	22" - 24"

<b>CARBON ARMOUR™ Coverall (SPXHPCA)</b>				
Size	Chest	Waist	Sleeve Length	Inseam
<b>SM</b>	44"	36"	34.5"	28"
<b>MD</b>	48"	40"	35.5"	29"
<b>LG</b>	52"	44"	36.5"	30"
<b>XL</b>	56"	48"	37.5"	31"
<b>2X</b>	60"	52"	38.5"	32"
<b>3X</b>	64"	56"	39.5"	32.5"
<b>4X</b>	68"	60"	40.5"	33"

\* If your measurement is between sizes, it is recommended that the larger size be purchased.

## HOW TO MEASURE

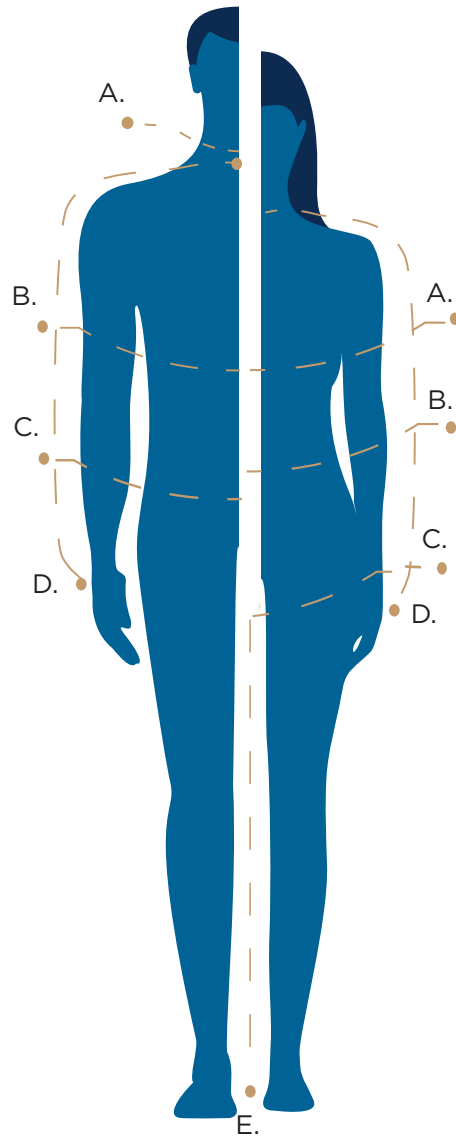
**A. NECK**  
 Measure around the base of the neck, where your collar typically lies. Measure from one button hole to the center of the button on the opposite side.

**B. CHEST**  
 Measure around the fullest part of your chest. The best way to assess this is to start just under your armpit.

**WAIST**  
**C. For pants:** Measure around your waist where you would like your pants waistband to sit. **For tops & full body garments:** Measure the fullest part of your waist.

**SLEEVE**  
**D.** To measure your sleeve, start from the center of the back of your neck, over to your shoulder, down past your elbow, and to your wrist.

**E. INSEAM**  
 Use a pair of pants similar to the style you are ordering, which fit to your liking, Measure along the inseam from the crotch to the hem.



**BUST**  
**A.** Measure loosely around the fullest part of your bust. Keep the measuring tape as horizontal as possible.

**WAIST**  
**B. For pants:** Measure around your waist where you would like your pants waistband to sit. **For tops & full body garments:** Measure the fullest part of your waist.

**HIP**  
**C.** Measure loosely around the fullest part of your hips. Keep the measuring tape as horizontal as possible.

**SLEEVE**  
**D.** To measure your sleeve, start from the center of the back of your neck, over to your shoulder, down past your elbow, and to your wrist.

**INSEAM**  
**E.** Use a pair of pants similar to the style you are ordering, which fit to your liking, Measure along the inseam from the crotch to the hem.